

Rose Leaves

"Lead the Change", Dr. Bina Vyas, 2020/2021 President

Gill Broadaway, IWUSA 2020/2021 President

Janet McWilliams, District 519 2020/2021 Chairman



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Becky Donhost, Editor

Words From the Chair ~ Janet McWilliams



Zooming along: We just held our second District 519 meeting via Zoom on November 10, 2020. I'm so glad that during these strange times, we are still meeting and functioning. Remember one of the most important goals of Inner Wheel is friendship which is something we all need right now. So, keep pulling your clubs together by a "hello" email, phone call or text if for no other

reason but to make sure all your members are Ok in these trying times!

UPDATED District 519 news:

January 12, 2021 @ 10:00 AM will be our next Zoom District meeting so be sure and calendar the date *Club Presidents and Club delegates* as we need all members to attend! The more that can attend the better communication we have among our clubs!

January is the month when our district usually has our Founder's Day Celebration. Due to the pandemic it may not be possible in 2021. In place of this by a special zoom meeting, our district hopes to get a fantastic speaker to showcase the work we do with Hanger Clinic to showcase how we help many children through our IWUSA Foundation!

May 1, 2021 Pick-A-Purse at North Ridge Country Club is still planned - hopefully this can happen, but details will be available as we move into 2021!

Consider a Donation: Like most charitable groups, 2020 has been a very difficult year. Without meetings, fundraisers, or raffles, and Pick-A-Purse still up in the air, our income has been extremely low. If you would like to give to a worthy cause, consider sending it to our District. Presently, our working budget has less than the \$1500 that we carry over each year. Any amount would be sincerely appreciated: \$5, 10, 25, 50 or larger, but be assured, all monies over and above will be donated to worthy causes in the June at the end of our IW year. Just send the check to our IW District 519 Treasurer, Joan Buntin, 9478 Central Ave, Orangevale, CA 95662, jbuntin@aol.com, 916 989-0874. Thank you for your consideration!

~~Con't. on page 2

Upcoming Events:



- ♥ November 17—World Peace Day
- ♥ November 26—Thanksgiving
- ♥ November 27—Black Friday
- ♥ December 10—18 Hanukkah
- ♥ December 21—Winter begins
- ♥ December 25—Christmas
- ♥ December 26—Kwanzaa
- ♥ December 31—New Year's Eve
- ♥ January 8—National Bubble Bath Day
- ♥ January 12—District 519 ZOOM meeting, 10 AM
- ♥ January 23—National Pie Day
- ♥ January 31—IW Founder's Day



*In Perfect Partnership
Inner Wheel & Rotary*



Con't. from Janet McWilliams

PROMOTE
TRUE
FRIENDSHIP

Amazon Smile is another way to give just by your Amazon purchases. Simply go to *smile.Amazon* and register for *Inner Wheel USA Inc* and a portion of your purchases will be sent to the Foundation. When I went in to check my donation amount, I found that my small purchases over two years had generated \$122! Please check this out for an easy and appreciated donation to our IW USA Foundation!

The Executive Board of IW District 519 would like to *wish all the Inner Wheel Club members* a healthy, safe and Happy Holiday Season. See you when we will be *zoom-ing* in again in January 2021!!

Linda Daniel ~ Past District Chair/IWUSA Vice President

HAPPY THANKSGIVING! Happy Holidays!

In the past week I have been part of the IWUSA Zoom Meetings, and at one of the meetings was shared a story about Elephants and how they are controlled. Here is my shortened version of this story: Elephants are controlled by a rope tied around one of their front feet. They are led to a small area and the rope is attached to their foot. They are left there. The rope is not attached to anything, but the elephants do not try to leave. Why?? Because when they were very young and much smaller they were staked, and as hard as they tried they could not pull away from the roped stake. They learned to give up trying. They were conditioned to not pull against the rope and be quiet and stay comfortable. They were conditioned by that failure to ever be free. The lesson is to not give up trying for those things that are important.

Asking women to join our clubs is a little like the elephant story. We give up asking. I BELIEVE THAT THERE ARE COUNTLESS WOMEN THAT SHARE THE SAME VALUES, AND ARE LOOKING FOR A WAY TO HAVE PURPOSE AND HAVE FRIENDS.

Our IIW President Bina has asked that increased membership be a real goal this year and as such, I was asked at the IWUSA level to come up with some ideas too. Those ideas will be coming to all Club Presidents very soon. They are meant for clubs to think about and discuss and come up with their own ideas.

We are not staked to our past. We are able to try again. To look out at the possibilities of younger members, increased enthusiasm, and more friends.

As the pandemic continues, it is a great time to reach out to friends by phone and share what clubs are doing in spite of the massive shut down of our normal way of life. As women, we are needed to see ways in which our kindness and concern can continue to be a hopeful gift in a time of great discouragement.

Help food closets, gift teachers, make masks, send out cards, remember those that are alone. Our Inner Wheel Story is almost 100 years old. We have great things to share about it. Invite a friend to join your club.

*OUR DUES ARE LOW, OUR HEARTS ARE BIG, OUR REACH IS FAR,
AND THE GOOD WE DO IMMEASURABLE. BE PART OF MAKING
THE GOOD GROW.*



PROMOTE THE
IDEALS OF
PERSONAL
SERVICE



FOSTER
INTERNATIONAL
UNDERSTANDING

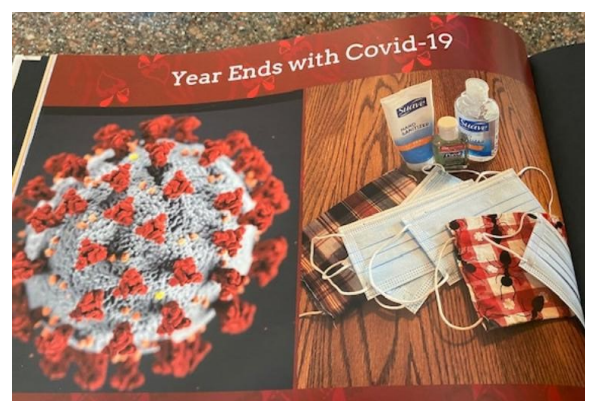
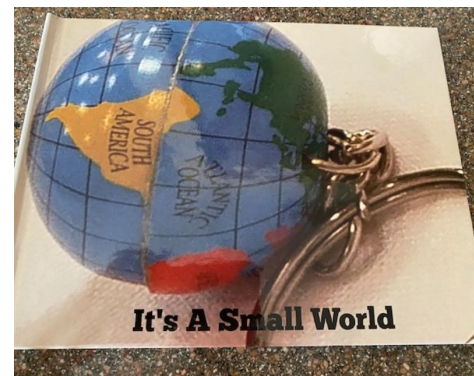


Trude Vasquez ~ Immediate Past Chairman

As I write this article, I am filled with memories of my year as your District 519 Chairman. I know our in-person meetings were few but thanks to Beverly McGlothlin, who came to my home to present me with my Memory Book, I have pictures to remind me of each one. I'm sharing just a few of the pictures that made me smile with gratitude – my theme "It's a Small World"; my term of office; a picture of Norma Trillia and myself (the best ever candid shot of me laughing); my ever present Starbucks cup, with straw, filled with a delicious Flat White; and the sad reminder of why we're no longer meeting in person – the dreaded Covid-19 Virus.

Now for the future – in my role as Rotary Liaison I contacted Ravie Aujla, the 2020/21 Rotary/Inner Wheel Liaison) for details on the 2021 Rotary Conference. Fingers crossed it will be held on May 21 -23 in Tahoe City at the Granlibakken Tahoe Hotel. Ravie assured me that Inner Wheel District 519 would be provided a table to display our Inner Wheel information and would appreciate any help we might provide in the Hospitality Suite (more details to be announced).

I'm looking forward to seeing you all at future Zoom meetings and can't wait until we can meet again in person.



Treasurer's Report—Joan Buntin

July 1, 2020 - November 6, 2020			
INCOME			
<u>Administrative Income</u>			
Directory Sales		23.00	
Sharing for Foundation			
Interest Income		0.16	
Total Administrative Income		23.16	
<u>Fundraising Income:</u>			
District Meetings/Raffle			
Founders Day			
Friendship Luncheon			
Fundraiser/Pick a Purse		0.00	
Merchandise Sold			
Total Fundraising Income		0.00	
<u>Charitable Donations Income</u>			
TOTAL INCOME		23.16	
EXPENSES			
<u>Administrative Expenses</u>			
Directories/Printing		255.00	
Bank Charge/Check Printing			
Extension Expenses		11.20	
Roseleaves Printing		50.66	
Printing(Postage-district directories)		57.78	
Historian Book/Trude		27.53	
Total Administrative Expense		402.17	
<u>Fundraising Expenses</u>			
Fundraiser/Pick A Purse		70.00	
Total Fundraising Expenses		70.00	
<u>Charitable Donations</u>			
Total Charitable Donations		0.00	
TOTAL EXPENSES		472.17	
NET INCOME		(449.01)	
Bank Balance and Checkbook Balance Reconciliation			
Checkbook Balance as of 7/1/2019		6,955.22	
Net Income from 2020-2021 IW Fiscal Year		449.01	
US BANK-CHECKING AS OF 10/7/20		6,506.21	
<u>US BANK -SAVINGS AS OF 11/6/20</u>			
Extension		597.80	
General Savings		2,826.15	
Literacy Project		2,549.96	
TOTAL SAVINGS		5,973.91	
US BANK CD		5,059.83	

ISO ~ Carol Hart

Our District 519 received a message of prayer from Joan Gray of District A40 Inner Wheel Club of Kalgoorlie-Boulder Australia concerning the fires we have had in California. I wrote a letter of thanks to them for their concern, and explained a bit about the fires in California and in other states. I also told of some of our district activities, and some of the projects of my Orangevale club. I invited their response in hopes of hearing about some of their projects.

Extension ~ Norma Trillia

During October, I mailed two lots of letters to Rotary Clubs, including IWUSA and Foundation Brochures. In total, 24.

I continue to search the Web for physical addresses for Rotary Clubs in Distrcit tedious

I will be speaking via Zoom to the Rotary Club of Natomas on November 19 at 7 AM.



Rose Leaves Editor ~ Becky Donhost

- ✿ What is going on with your club? Please share your news and send to becks2bz@yahoo.com
- ✿ Please send documents in Template &/or Word format.
- ✿ Future due dates: January 12, April 13, June 8
- ✿ IWUSA: www.innerwheelusa.com
- ✿ IW Website www.internationalinnerwheel.org
- ✿ Official Facebook page: www.facebook.com/InternationalInnerWheel
- ✿ District 519 Facebook page: www.facebook.com/InnerWheelDistrict519



From the Editor

The year is moving along—some say at a snail's pace while others say it is a train out of control. This edition of *The Rose Leaves* is number 2 for the year with 3 left to go. And we are still needing someone to step into the Editor position that will begin July 1, 2021. Think about it. That person will be the communicator of information from the clubs to the District to IWUSA. Not intimidating—just communicating, connecting, sharing.

I'll be happy to help get you started.

The Taste of Friendship

The fragrance of friendship is easy to recognize.

It's like the sweet smell of a home-cooked meal.

Breathing it in, you feel warm and sheltered.

The ingredients are exactly the ones you love, and the seasoned herbs,
as if grown in the garden of your childhood.

But most important is the fire.

When the fire of friendship burns strong,
the result is a unique, unprecedented taste!

Bring out the flavor of the meal with a glass of wine.

Finish with a bite of warm bread, saturated with honey for a sweet
aftertaste.

But remember – don't glut yourself with friendship.

Savor enough for the next meeting.

Relish it slowly and take a deep breath of friendship's aroma!

Looking forward to meeting you again!

~IWC of Varna Europea, D248, Bulgaria



International Inner Wheel President ~ Dr. Bina Vyas

We have all heard and read that "Time and Tide wait for no man".

4 months of the year – *LEAD THE CHANGE* – have gone by. We have only 365 days at our disposal. Let us not allow it to pass by because this time will never come back to us. Someone has rightly said ... "I expect to pass through this world but once. Any good thing, therefore, that I can do or any kindness that I can show to any fellow creature, let me do it now".



Let not the pandemic be our excuse for not performing or achieving our desired Goals of the year. *Please focus and strive to :*

1. Increase Membership
2. Form New Clubs
3. Form New Gen Clubs
4. Contact and Plan for Virtual Youth Development Programs & Organise on topics already given in Goal with the help of an expert in your town.

It is very much possible to organise Virtual Programs.

Friends, let us complete as many Goals as possible in the year.

Let us face these challenging times and continue our efforts to achieve our challenging Goals.

I wish you the very best in your endeavours as you *LEAD THE CHANGE* for a better Inner Wheel world.

Lots of love & Best Wishes ~~Bina



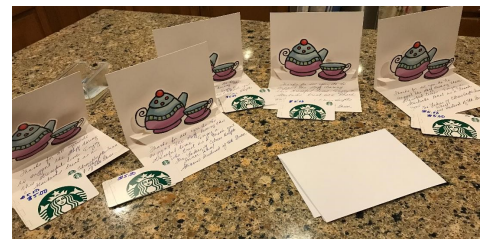
Helping people starts with our members — people who see a world united and take action to create better lives — across the world, in our communities, and in ourselves.

At IIW club meetings in communities across the world, our people come together to strengthen their connections to friends and neighbors and their commitment to improving lives.



Citrus Heights ~ Maggie McGlothlin & Gale Thearle

Members met in September in Rouse Park for a short meeting to catch up. After the meeting, the group also put together "Teacher Care Packages" to thank the hardworking teachers at member Jill Jones' school, member Joan Buntin's daughter and member Gail Thearle's son-in-law to let them know they are appreciated. Also in September, the members met at the Citrus Heights Police Department to deliver blankets we had made to donate to them. We enjoyed meeting several of the officers and they were very thankful of our donation. They also enjoyed meeting Joan's current puppy-in-training, who made a great impression. For our November meeting, we were finally able to meet inside and enjoyed lunch at Northridge Country Club. The food was delicious and it was enjoyable to be together as a group. Margie Jones installed the incoming officers: President, Michele Buonamici; Vice President, Beverley Lewis; Recording Secretary, Maggie McLaughlin-Jordan; Treasurer: Sue Kasper; ISO, Linda Molloy; Foundation, Rhonda Slusser.



We are thankful for our community!

Members pack TLC bags to give to teachers and police officers—thank you for your service!

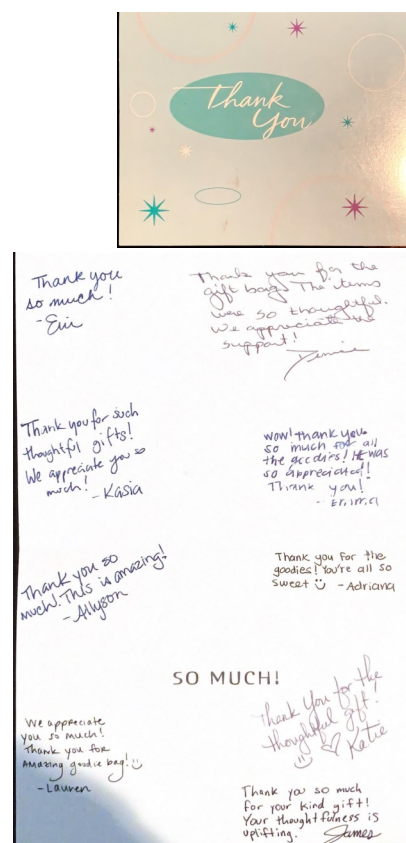
2020~2021 officers get installed and Debe Tucker thanks Michelle Buonamici for stepping into President shoes.

And a thankful lunch with special Inner Wheel friends.



East Sacramento ~ Wendy Thearle & Bonnie Silva

VP Beverly McGlothlin stepped in for Prez Cathy Johnson for our November ZOOM meeting. Wendy Thearle reported on the November 10 District meeting. There was a thank you to Bob & Chris Deering for setting up the zoom meetings for us. We received \$400 from our members donations to do the service projects sent to our member Robin Slort for her colleagues at Carmichael Elementary School and 10 to our member Katie Smith and her group of nursing students at Samuel Merritt University. We received wonderful heartfelt thank-you's from both groups. There was much discussion on the fact donations to Well Spring are due December 6, Food Bank donations, and the stockings for Sierra Forever Families. We are very low on funds so there was a discussion on where we can draw from to do any of these projects. There is an ongoing discussion regarding Bunco which we will not be having as to whether we can gather any funds from that project for the charities we hope to donate to. We also discussed how or if we can hold some type of December/Holiday get together in this new world we live in.

*A Thankful note!*

I wanted to tell everyone how excited and grateful my nursing school friends were to receive the gift bags from our club! The gift bags lifted everyone's spirits and there was a lot of happy smiles at our conference that day. (And a lot of empty candy wrappers at the end of our meeting too!)

I talked to the group about Inner Wheel, who we are, and what we do. There were 7 women and one man (who actually really liked hearing about our club!), and I saw lots of eyes looking through the brochure included. I don't think we'll have any new additions before graduation, but two in the group asked more questions after our meeting. So I'll keep the communication open with them and maybe we'll have a few new members! Again, this was such a thoughtful gesture and I am so appreciative that everyone put their time and energy and donations into this. I'm looking forward to engaging again in club activities when COVID-19 and Nursing School are in the rear view mirror. Thank you for thinking of us, you all are such amazing women and I'm so happy to be part of such great friendships and a wonderful club!

**Katie Smith with bags
for nursing
students— Erin,
James, Kasia, Emma,
Adrianna, Lauren,
Denise, and Ally. A
big thank you. And
Robin Slort with bags
for Carmichael
Elementary School
colleagues.**





El Cerrito ~ Norma Trillia & Mary Farquharson

Due to the Pandemic, we have not met personally, but have had one Zoom meeting. We do keep in touch via email.

I have forwarded the United Nations Report to members, they have really enjoyed reading the updates.

We are hoping to get together for our annual Christmas brunch, but no definite plans as yet.

We have many teddy bears and hope to deliver them to the El Cerrito Police Station this month.

Fair Oaks ~ Janet McWilliams

August 16th was the 100th Birthday of Meg Smart. Meg is a charter member of Fair Oaks Inner Wheel. During the past few years she has kept in touch with us through the internet and telephone, and has always been supportive of our projects, like getting us materials for our blankets and fidget quilts. Meg locally taught school, she and her husband Larry owned the local Western Auto Store. Meg's neighborhood celebrated her birthday with a parade and lots of lawn signs and decorations. The beautiful flower arrangement is from the Fair Oaks Club.



IW Fair Oaks celebrated Halloween with social distancing and gifts of books for the children to enjoy.



Orangevale ~ Annelise Graf & Bert Smith

TLC bags were given to staff at Mariposa Avenue Elementary School. We are thankful for their service to our children.

Below left: Bert Smith, Vi McCorkle, Kathleen Franklin, Carol Hart, Annelise Graf and Marcia Kiese

Below right: Jill Long (Teacher and Carol Hart's daughter), teacher, Bert Smith, Carol Hart and School Principal.



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UN Representative ~ Martine Gayon, New York

In response to the COVID-19 pandemic situation, many meetings and conferences have been postponed or are taking place virtually.

The UN is marking its 75th anniversary at a time of great disruption for the world, compounded by an unprecedented global health crisis with severe economic and social impacts.

- ♦ August 31: a virtual Townhall Meeting between Civil Society and UN Secretary-General Antonio Guterres provided an opportunity to share experiences on the impact of the pandemic. Their recommendations to the UN in addressing the crisis and building back better, as well as its role in protecting and promoting women's rights.
- ♦ September 4: the day of the 25th anniversary of the Beijing Declaration on Women's rights, Antonio Guterres called for urgent action as progress towards gender equality is faltering and hard-won advances are being reversed.
- ♦ October 1: the UN General Assembly organized a High-Level Meeting attended by global leaders on "Accelerating the Realization of Gender Equality and the Empowerment of all Women and Girls". More than 100 countries committed to concrete actions that would advance gender equality for women and girls everywhere. In support for the UN decade for Action to deliver the Sustainable Development Goals, UN Women launched 6 Action Coalition to be presented at the Generation Equality Forum to take place in Paris, France, June 2021. This meeting will be convened by UN Women and co-hosted by the Governments of France and Mexico.
- ♦ October 11: The International Day of the Girl 2020, an activation moment of Generation Equality, was celebrated under the theme "My voice, our equal future".

The next virtual meeting will be the 13th session of the Conference of States Parties to the Convention on the Rights of Persons with Disabilities. It will be online at the UN Headquarters in New York on 30 November, 1 and 3 December 2020 under the theme "A decade of action and delivery for inclusive sustainable development: implementing the Convention and the 2030 Agenda for all persons with disabilities"

You will teach them to fly.
but they will not fly your
flight. You will teach them to
dream. but they will not dream
your dream. You will teach
them to live. but they will
not live your life.
Nevertheless. in every flight.
in every life. in every dream.
the print of the way you
taught them will remain.

Mother Teresa



District 519's PICK-A-PURSE annual fundraiser is still scheduled for May 1, 2021.

Please let your ticket holders know.

Hold on to your ticket if previously purchased. Updates will be shared as they occur.

Connie Abram~ 916-708-7682



The Four Agreements

BE IMPECCABLE WITH YOUR WORD

Speak with integrity.

Say only what you mean.

Avoid using the Word to speak against yourself or to gossip.

Use the power of your Word in the direction of truth and love.

DON'T TAKE ANYTHING PERSONALLY

Nothing others do is because of you.

What others say and do is a projection of their own reality, their own dream.

When you are immune to the opinions and actions of others,
you won't be the victim of needless suffering.

DON'T MAKE ASSUMPTIONS

Find the courage to ask questions and to express what you really want.

Communicate with others as clearly as you can to avoid
misunderstandings, sadness and drama.

With just this one agreement, you can completely transform your life.

ALWAYS DO YOUR BEST

Your best is going to change from moment to moment;
it will be different when you are healthy as opposed to sick.

Under any circumstance, simply do your best,
and you will avoid self-judgement, self-abuse and regret.

Don Miguel Ruiz