Inner Wheel District 519

Rose Leaves

"Lead the Change", Dr. Bina Vyas, 2020/2021 President Gill Broadaway, IWUSA 2020/2021 President Janet McWilliams, District 519 2020/2021 Chairman





Volume 51: Issue 1 September 2020 Becky Donhost, Editor

Words From the Chair—Janet McWilliams



As Chair Coordinator, I want to let you know that through this strange spring and summer your Board has been meeting, via ZOOM, and working to keep Inner Wheel going. Carol Hart and Sue Kasper will also be helping me see through this year as Co-Chairs. We also

need a 2nd Vice Chairman to step up and fill that position on the Board.

This summer the Board voted to postpone the "Pick-a-Purse" event to May 1, 2021, hopefully we will be able to hold the event then. Please let your ticket holders aware of this new date. Another decision the Board made this summer is to print a District Directory for every member in District 519. These are being distributed now, please take a look and see all that is contained in this booklet: very important information about International, our involvement in the UN, our USA Foundation, also many Inner Wheel songs and poems that may be helpful for your Club meetings.

This week I also forwarded to all Club Presidents a new International Web Magazine. Please take a few minutes to look through this, there is a lot of information about what is going on in Inner Wheel across the world. So many different service programs, some that might give us an idea of service here in 519.

Our plans for the immediate future are to hold ZOOM meetings until we are able to hold District meetings in person. Hopefully your clubs are meeting either by ZOOM or socially distanced and masked. Our next District meeting will be November 10 at 10 AM via ZOOM, Presidents and Delegates please put the date on your calendar.

As I finish this message, please think of IIW President's theme of "Lead the Change," and her goal to add 5 new members per club, I bet we all have friends that would love to be included. See you in November.



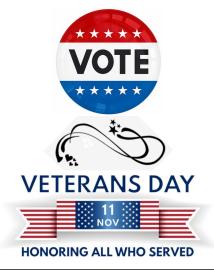
In Perfect Partnership Inner Wheel & Rotary



Upcoming Events:



- September 18—20 Rosh Hashanah
- September 20—First day of Fall
- ✤ September 27—28 Yom Kippur
- October—District and IWUSA officers are nominated
- October 8—9 Fall IWUSA Governing Body & Foundation ZOOM Meetings
- October 13—Dist. 519 Ex. Bd. ZOOM Meeting, 10 AM
- November 1—Daylight Savings ends
- November 3—Election Day
- November 10—District 519 ZOOM Meeting, 10 AM
- November 11—Veteran's Day





PROMOTE TRUE FRIENDSHIP

Past District Chair ~ Linda Daniel

At the Executive Board Zoom meeting held on August 11, Historian Beverly McGlothlin presented me a beautiful book reflecting the second year, 2018-2019, of my twoyear term as District Chairman.

It was fun to know that it had been completed by Beverly, but even more fun when she made the extra effort to deliver it in person. We had a lovely visit on the outside patio and reflected on the wonderful ways in which friendship grows through Inner Wheel.

The book captured many wonderful moments of the year, but the one that most caught my eye and meant so much was a wonderful photo of Laurel McFarland taken at Pick-a-Purse in 2019. How much we all miss her warm vitality and fun loving nature.

I reflect with joy on serving as District Chairman and appreciate the opportunity to get to know the clubs and members so much better during my tenure. Thank you.

I look forward to many years of sharing and serving in Inner Wheel together. Linda Daniel, Your Head Pineapple District Chairman 2017-2019







PROMOTE THE IDEALS OF PERSONAL SERVICE

FOSTER INTERNATIONAL UNDERSTANDING

Patience is the ability to count down before you blast off.



Artist: Birdie, age 9 Think about it

Summer District 519 Changeover*

In the absence of meeting in person, District 519 leaders moved forward with giving Trude Vasquez a send-off and welcoming incoming Chair Janet McWilliams. She and Margie Jones were also acknowledged for their labors of Inner Wheel love



Past District Chair Trude Vasquez is presented with flowers, a lei, and her Past District Chair Medallion.









Past District Chair & IWUSA VP Linda Daniel presents hearts of appreciation to Margie Jones (far It.) and Trude Vasquez (near It.) for their service to Inner Wheel USA.



Past District Chair & IWUSA VP Linda Daniel congratulates incoming District 519 Chair Janet McWilliams with a rose. (Rt.)

*Ed. note—in Australia, the changing of the guard is called Crossover. I don't know that I have ever heard it being referred to with any name so I am taking literary privilege.



International Inner Wheel President ~ Dr. Bina Vyas

Inner Wheel is the largest Women's Voluntary Service Organisation in the world, very soon ready to celebrate our centenary year in 2024. In the last 96 years, times have changed, needs have changed, humanitarian problems have changed, technology has changed and requirement of infrastructure is totally changed. Inner Wheel has been accommodating changes since years. However, we need to keep pace with the changing times. In fact, we need to have a vision to remain one step ahead of the coming changes.

We need to lead the change in : our thinking, attitude, working, interpersonal

relations, communication, publicising our brand of Inner Wheel, growth of our organisation both financially and in membership strength and cooperating with other like-minded organisations by establishing networking.

As we head for the centenary year, let us lead the changes in:

Having our own Organisation's Strategic Plan and Goals Targeting Membership Growth Targeting increase in Number of Clubs Initiating Youth Clubs (18-25 age group) Initiating Youth Development Project for Girls (12-25 age group) Focusing on Projects on the recommendations of the United Nations Promoting brand image at club, District and International levels Creating awareness about health, financial independence and education in our own members and among the women everywhere Shortlisting like-minded cooperating organisations and establishing communication with them Working for collective leadership

Executing Corporate International Projects

If we have to achieve all this, we need to lead the positive change by empowering our own members by guiding, recognising them as leaders in their own rights and accepting and believing in their leadership. Then only we, the proud members of such a wonderful organisation, can contribute more effectively in developing and bringing a ray of hope in the lives of the needy and underprivileged. We are privileged to have the opportunity to serve those who need us.

Let nothing stop us in becoming a force to reckon with in the world.

Let us then *LEAD THE CHANGE* collectively to bring about positive, significant and meaningful difference in the world.

The World is waiting for us.

We work together to help charities – locally, nationally and internationally. We've had a positive impact on the lives of millions of people. We make firm and lasting friendships. There's no other group like it. We work on projects that are truly life changing.

"We are women in action, working together to make a difference and improve lives."



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Treasurer's Report—Joan Buntin

July 1, 2020 - August 31, 2020

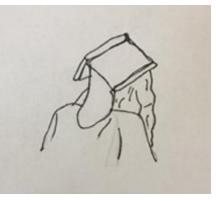
July 1, 2020 - August 31, 2020	
INCOME	
Administrative Income	
Directory Sales	
Sharing for Foundation Interest Income	0.06
Total Administrative Income	0.06
Fundraising Income:	
District Meetings/Raffle	
Founders Day Friendship Luncheon	
Fundraiser/Pick a Purse Merchandise Sold	0.00
Merchandise Sold Total Fundraising Income	0.00
Charitable Donations Income	
	0.06
EXPENSES	
Administrative Expenses	
Directories/Printing	255.00
Bank Charge/Check Printing	200.00
Extension Expenses Roseleaves Printing	50.66
Total Administrative Expense	305.66
Fundraising Expenses	
Fundraiser/Pick A Purse	0.00
Total Fundraising Expenses	0.00
Charitable Donations	
Total Charitable Donations	0.00
	305 55
TOTAL EXPENSES	305.66
NET INCOME	(305.60)
Bank Balance and Checkbook Balance Reconciliation	
Checkbook Balance as of 7/1/2019 2	6,955.22
Net Income from 2020-2021 IW Fiscal Year	305.60
US BANK-CHECKING AS OF 8/31/20	6,649.62
US BANK -SAVINGS AS OF 8/31/20	
Extension	597.80
General Savings	2,826.06
Literacy Project TOTAL SAVINGS	2,549.96 5,973.82
US BANK CD	<u>5,973.82</u> <u>5,057.93</u>
	<u>4,441.33</u>
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Good things to know . . .

After much extensive discussion, the International Governing Body has decided to cancel the International Inner Wheel (IIW) Convention scheduled for March 2021 due to the COVID 19 Pandemic.

Constitutional Proposals will still be voted on. When Districts and Clubs receive their voting materials in December or January. It is critical for members to review the proposals as they will pertain to you. To access the Proposal Booklet, here is the link: https://www.internationalinnerwheel.org/formembers/convention-jaipur-2021.html

IIW has also decided not to publish the International Directory. To access members globally, go back to the IIW web page https:// www.internationalinnerwheel.org/ Click on 'For Members' and scroll and click on 'Club Administration'. This link will take you to the International Directory where you can locate District and Club Chairs and Secretaries as well as other various officers. You will need to register and be given a login information before getting to the directory. It can be tricky but be patient. (ed. note: I still find it difficult to find a specific name or club or district.)



Artist: Birdie, age 9 Don't give up

ISO ~ Carol Hart

I had written to, and received mail from Inner Wheel District #1 Aberdeenshire , England.

Club Correspondent, Anne Stirling, sent a copy of the club magazine titled "News At One". It contained news of the pandemic, and of the clubs' many activities. Among their projects were making Covid19 masks; scrub bags in which hospital workers, nurses, and care givers put their soiled scrubs and uniforms; Twiddlemuffs which are knitted muffs with attached buttons, etc. for Alzheimer patients.

I also have corresponded with District #10 Great Britain, Inner Wheel Club of Forest of Dean.

I received a lovely letter from Club Secretary, Helen Freeman. One of their activities is to hold an Alzheimer tea once a month in a church hall. Another project is selling running shirts at a fall and a spring running marathon for between 2-3 thousand runners. These events have had to be suspended for now due to COVID19.

Both clubs have many other great activities to support those in need.

These clubs enjoyed hearing about some of our activities. I will continue to correspond with them as they have requested.



Extension—Norma Trillia

August 11—Due to the current unsettling situation we are all experiencing I cannot give you a great report on what I have accomplished which is "nothing"

My plan as last Inner Wheel year is to write to all Rotary Clubs in both District 5180 and 5160, BUT, all I can get is where they meet, as that is where I sent my letters before, BUT as they are having Virtual meetings I will not send letters, to be returned or not delivered.

Would any of you be able to get P.O. Box numbers for any of the clubs? Or names and addresses of current Presidents? George's Rotary Club also meets on Zoom, so that is where I am.

September 8—Due to the lock down I have not been able to find physical addresses for Rotary Club Presidents, what I get from the Internet is the location where they "meet" but due to the lock down most Rotary Clubs and having Zoom meetings.

I have managed to find a hand full of addresses, so I will mail my letters. It is time consuming as I have to search through the meeting minutes, etc.

Of course, while they are having Zoom meetings, I don't think Zoom meetings are as effective, but will see what response I get. Keep well and safe



Volume 51: Issue 1 In Loving Memory . . .

Jean Orr Applegate, 93, passed away on June 25, 2020 after a brief illness with COVID-19. Born July 21, 1926 at Sutter General Hospital, in Sacramento, the only child of John and Veda (Wood) Orr.



A fourth generation Californian, whose family settled in Amador County where her father was a cattle rancher and a County Supervisor, Jean attended one of the last remaining one-room schoolhouses in California before moving to Sacramento to complete high school in December 1943. She also took piano lessons from the mother of Dave Brubeck, a well-known musician. Jean lived much of her life in Fair Oaks, married to David Carl Applegate, MD who practiced family medicine until his death in 1980.

She was active throughout her life in many community organizations including the American Association of University Women, the Inner Wheel Club of Fair Oaks, our Fair Oaks Historical Society, the Fair Oaks Chamber of Commerce and the Crocker-Kingsley Art Club. Franque Lou Mattoon Nelson, 91, passed away peacefully in her home in Carmichael, California on May 8, 2020. Franque was born August 26, 1928, in Tulsa, Oklahoma as the only child of Frank and



Virginia (Fesemyer) Mattoon. In 1946 she moved to California to attend Mills College as a dance major. Franque was a talented dancer and enjoyed dancing in its many forms, from acrobatics to hula. She met her husband, Maynard, while attending Mills after they were set up on a blind date. A year later, in 1948, they were married and moved to Sacramento where they raised their family. Frangue loved to spend time volunteering, working at her shop in Old Sacramento and, most of all, enjoying time spent with her family. and Liliana Nelson. She was preceded in death by her husband, Maynard. Frangue wrote, "The Lord has blessed me mightily and I thank Him for all those whose lives have touched mine."



Artist: Birdie, age 9 years Love, hope, harmony

Lord, as members of Inner Wheel Make us the instruments of Thy peace Where there is hatred, let us sow love, Where there is doubt, faith, Where there is discord, harmony, Where there is despair, hope, Where there is injury, pardon, Where there is darkness, light, Where there is sadness, joy. Grant that we may not so much seek To be consoled as to console, To be understood as to understand. To be loved, as to love. For it is in giving that we receive, It is in pardoning that we are pardoned, And it is in dying that we are born to eternal life.

From District 4, GB&I Prayer Book

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UN Representative—Michelle Burgess, New York

Geneva World Humanitarian Day Commemoration 2020

Designated by the General Assembly to be observed on 19 August - the day when 22 colleagues were killed at the United Nations Office in Baghdad in 2003. World Humanitarian Day is an opportunity to pay tribute to colleagues who have lost their lives in humanitarian service and to honour the thousands of aid workers who continue to provide much needed support to people suffering from conflicts or natural disasters across the world. As the world's humanitarian capital, Geneva plays a key role in bringing partners together to ensure an effective humanitarian response.

UN Workers are in more Danger than Ever Before

This ceremony was focused on remembering UN Field Workers who have been killed or wounded in the service of peace and human rights, but also the increased dangers for current humanitarians in the field. *Report on Current Status*

Major attacks against humanitarians surpassed all previous years. In 2019, 483 relief workers were attacked (an increase of 18% as compared to 2018), 125 killed, 234 wounded, 124 kidnapped, and 277 separate incidents. The UN is seeing similar statistics develop in 2020 as well. They have already had multiple kidnapping and murders. The UN is pleading that the governments, where UN Field workers are stationed, need to put more energy and resources into protecting UN workers. On 7/23/20, seven UN Impact Humiatrian colleagues were brutally assassinated in Nigeria.

A special tribute for UN Human Rights Officer - Lisa Mbele-Mbong

Lisa Mbele-Mbong, a national of the United States originally from Cameroon, joined the UN in 2002 as a Human Rights Officer in the Democratic Republic of the Congo (DRC). Her passion for human rights brought her to Haiti in 2005 where for the past three years she was the Team Leader for the UN Stabilization Mission in Haiti's (MINUSTAH) Policy and Planning Unit. Both of Lisa's parents were in attendance and were asked to speak about her work and her passion for the UN. Lisa was the happiest in her life when she was empowering others. UN Officers including Lisa are committed to defending the rights of others and carrying out the Golden Rule. She is missed and will always be remembered for her bravery, selflessness, and passion for helping others.







Darn, they found me!!

Rose Leaves Editor-Becky Donhost

- What is going on with your club? Please share your news and send to <u>becks2bz@yahoo.com</u>
- Please send documents in Template &/or Word format.
- Future due dates: September 8, November 10, January 12, April 13, June 8
- IWUSA: <u>www.innerwheelusa.com</u>
- IW Website <u>www.internationalinnerwheel.org</u>
- Official Facebook page: <u>www.facebook.com/InternationalInnerWheel</u>
- ③ District 519 Facebook page: www.facebook.com/InnerWheelDistrict519

This is my eighth and final year as your Editor. This position has provided me with an opportunity like no other. I have made new friends around the world (some of whom I have never met!) and strengthened the friendships I already had. My understanding of global human service as well as the importance of communication became deeper and broader. And having Inner Wheel the key to values I treasure, will always be the means to give back tenfold.

Being your Editor has given me the opportunity to sharpen my writing skills, my speaking skills, my listening skills, and my people skills. My gifts from Inner Wheel have given me so much in return for my efforts of editing and delivering to you the news. One of the best things this position brings is learning about



the clubs, the members, and the activities in our District 519.

To that one special person out there who loves to learn, loves to write, loves to create – now is the time to look to the members of your club and find that one person who is willing and able to take over. Now is the time to find a new Editor for our District 519 newsletter, *Rose Leaves*. I look forward to mentoring my successor. Please feel free to contact me for questions. I'll be happy to talk with you.

Your choice—- - it's up to you!!



El Cerrito-Norma Trillia & Mary Farquharson

Inner Wheel Club of El Cerrito has kept in touch via email and we are hoping for our first Zoom meeting on Tuesday, September 8th at 5 pm.

Some members have been knitting teddy bears, to donate to the Police Station and or to the County Hospital Auxiliary in Martinez, when the lock down is over. Hopefully, we can resume to a new normal in the not too distant future.



Fair Oaks—Rosemary Lamb & Sue Estes





Care packets made for teachers at Northridge Elementary School in Fair Oaks, CA. Teachers need TLC too!



An all-too familiar scene: District Chair Janet McWilliams leads her first meeting of 2020-2021 via ZOOM with Board Members, Club Presidents, and Delegates in attendance. Well Done!!!

Volume 51: Issue 1 Club Reports

Citrus Heights—Maggie McLaughlin-Jordan & Gail Thearle

As with everyone else, our club has not been able to hold a regular meeting and have greatly missed being able to chat with one another and share a meal together! We have had a couple of "chain" e-mails that have kept everyone current and we all keep good thoughts for each other to keep safe and well and look forward to when we will be able to meet together.

We have had some small activities:

Proofing the new directory - Trude Vasquez, Linda Daniel, and Maggie McLaughlin meet at Margie Jones' home to give a final proof to the new directory. Collecting items to donate to the Flying Samaritans when next they are able to fly. The chapter we will donate to flies to San Quintin, Mexico and provides medical care to the village, sometimes to as many as 200 children. Club members have been collecting toiletries, school supplies, small toys, books, games, stuffed animals, dolls, and balls, sewing "back sacks" to give to the children to hold their treasures and also to the mothers to hold medicine and supplies from the clinic. There is also a growing supply of fleece blankets for all from babies to teens.















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Club Reports

Orangevale—Carol Hart & Annelise Graf

Inner Wheel of Orangevale and the Orangevale Rotary Club did a "drive-by" with decorated cars to say Farewell to Barbara and Dave Harris, who were moving to Virginia to be near family. Their Folsom house sold in 2 days! Barbara is a Charter member of OVIW and will remain an E-Member.

A few of us brought birthday cake and sparkling beverage to Vi McCorkle in Auburn to celebrate her birthday in July. We sat on her front porch, 6 ft apart and had a lovely time.

We are having an outdoor September club meeting with catered sandwiches, so we can pretend we are at a restaurant. Members are encouraged to bring non-perishables for Orangevale Food Bank....We will figure out how to "hang together" for the fall and winter.



IWOV love this salad introduced by Vi McCorkle several years ago. Add chicken or shrimp and you have a complete summer meal with minimal cooking. Yum, yum!









Mediterranean Summer Salad Helen F. Newell, Pebble Beach, CA Serves 12 Prep Time: 25 minutes 8 oz. orzo pasta

- 2 c. halved cherry tomatoes
- 1 c. fresh basil leaves, chopped
- 1 tsp. minced garlic
- 1/2 c. toasted pine nuts
- 4 oz. Crumbled fete cheese
- 1/2 c. Greek olives (kalamata), pitted & halved
- 4 c. baby spinach leaves
- 1 Tbls. Extra-virgin olive oil
- 2 Tbls. Balsamic vinegar

Salt & fresh ground black pepper

Cook orzo according to package directions. Meanwhile, in a large bowl, combine tomatoes, basil, garlic, pine nuts, olives, feta. And spinach. Add cooked orzo. In a small bowl, whisk together oil, vinegar salt, and pepper to taste; toss with salad.

Rose Leaves

1,000 Cupcakes for Caregivers in Singapore





The Inner Wheel Club of Singapore has continued to be mindful of those who are working on the front-lines of their healthcare system during these challenging times.

Secretary Anjli Chopra, a passionate baker has kept her oven hot baking a remarkable 1,000 cupcakes from June to August and delivering them on three occasions to the National University Hospital staff in three different departments.

IPP Vijaya and Secretary Anjli delivered 250 cupcakes to the Emergency Dept on 29th June, 425 cupcakes to Obstetrics and Gynaecology on 7th August and 350 cupcakes to Staff in the Operating Theatre and Pathology departments on 27th August.

The staff were amazed and appreciative of the generous gesture and the words of gratitude packed with the cupcakes. The cupcakes themselves were delicious vanilla or chocolate variety. ~Wendy Louis



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District 519's PICK-A-PURSE annual fundraiser's rescheduled for May 1, 2021. Please let your ticket holders know of the change.

Hold on to your ticket if previously purchased. Updates will be shared as they occur. Connie Abram~ 916-708-7682



WHAT'S INNER WHEEL? By Joan Gray IW Kalgoorlie-Boulder, Australia

What's Inner Wheel I hear them say And then I start my spiel About who we are and what we do How good it makes us feel.

I tell them all about my friends How very special they are United in Friendship from all walks of life Their origins from near and far.

Inner Wheelers are unique Who go the extra mile For those in need or need some help And maybe get a smile.

They are surprised, they had not heard about our special club. I tell them to come, and when we meet Day and time at our local pub.

Some come along and have such fun They end up joining us We welcome them with open arms And that is such a bonus

From what I see all over the world In every state and country Every year, all the clubs Leave a Lasting Legacy. ©JMG



We are ~ One Woman http://song.unwomen.org.



Build your club ~ invite a friend to join you for an incredible experience in friendship, giving, sharing with the aim to help better the lives of others.